# Markov- and Bernstein-Type Inequalities for Müntz Polynomials and Exponential Sums in $L_{p}$ 

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The principal result of this paper is the following Markov-type inequality for Müntz polynomials.

Theorem (Newman's Inequality in $L_{p}[a, b]$ for $\left.[a, b] \subset(0, \infty)\right)$. Let $\Lambda:=$ $\left(\lambda_{j}\right)_{j=0}^{\infty}$ be an increasing sequence of nonnegative real numbers. Suppose $\lambda_{0}=0$ and there exists a $\delta>0$ so that $\lambda_{j} \geqslant \delta j$ for each $j$. Suppose $0<a<b$ and $1 \leqslant p \leqslant \infty$. Then there exists a constant $c(a, b, \delta)$ depending only on $a, b$, and $\delta$ so that $\left\|P^{\prime}\right\|_{L_{p}[a, b]} \leqslant$ $c(a, b, \delta)\left(\sum_{j=0}^{n} \lambda_{j}\right)\|P\|_{L_{p}[a, b]}$ for every $P \in M_{n}(\Lambda)$, where $M_{n}(\Lambda)$ denotes the linear span of $\left\{x^{\lambda_{0}}, x^{\lambda_{1}}, \ldots, x^{\lambda_{n}}\right\}$ over $\mathbb{R}$.

When $p=\infty$ this has been shown by P. B. Borwein and the author (1996, J. Approx. Theory 85, 132-139). When $[a, b]=[0,1]$ and with $\left\|P^{\prime}\right\|_{L_{\rho}[a, b]}$ replaced with $\left\|x P^{\prime}(x)\right\|_{L_{p}[a, b]}$ this was proved by D. Newman (1976, J. Approx. Theory 18, 360-362) for $p=\infty$ and by P. Borwein and the author (1996, Proc. Amer. Math. Soc. 124, 101-109) for $1 \leqslant p \leqslant \infty$. Note that the interval [ 0,1 ] plays a special role in the study of Müntz spaces $M_{n}(\Lambda)$. A linear transformation $y=\alpha x+\beta$ does not preserve membership in $M_{n}(\Lambda)$ in general (unless $\beta=0$ ). So the analogue of Newman's Inequality on [ $a, b$ ] for $a>0$ does not seem to be obtainable in any straightforward fashion from the $[0, b]$ case. © 2000 Academic Press
Key Words: Müntz polynomials; lacunary polynomials; exponential sums; Dirichlet sums; Markov-type inequality; Bernstein-type inequality.

## 1. INTRODUCTION AND NOTATION

Let $\mathscr{P}_{n}$ denote the collection of all algebraic polynomials of degree at most $n$ with real coefficients. For notational convenience let $\|\cdot\|_{[a, b]}:=$ $\|\cdot\|_{L_{\infty}[a, b]}$. The following two inequalities, together with their various extensions, play an important role in approximation theory. See, for example, DeVore and Lorentz [8], Lorentz [10], and Natanson [12].

[^0]Theorem 1.1 (Markov's Inequality). If $p \in \mathscr{P}_{n}$, then

$$
\left\|p^{\prime}\right\|_{[-1,1]} \leqslant n^{2}\|p\|_{[-1,1]} .
$$

Theorem 1.2 (Bernstein's Inequality). If $p \in \mathscr{P}_{n}$, then

$$
\left|p^{\prime}(x)\right| \leqslant \frac{n}{\sqrt{1-x^{2}}}\|p\|_{[-1,1]}, \quad-1<x<1 .
$$

Let $\Lambda:=\left(\lambda_{j}\right)_{j=0}^{\infty}$ be a sequence of distinct real numbers. The linear span of

$$
\left\{x^{\lambda_{0}}, x^{\lambda_{1}}, \ldots, x^{\lambda_{n}}\right\}
$$

over $\mathbb{R}$ will be denoted by

$$
M_{n}(\Lambda):=\operatorname{span}\left\{x^{\lambda_{0}}, x^{\lambda_{1}}, \ldots, x^{\lambda_{n}}\right\} .
$$

Elements of $M_{n}(\Lambda)$ are called Müntz polynomials.
Newman's inequality [13] is an essentially sharp Markov-type inequality for $M_{n}(\Lambda)$, where $\Lambda:=\left(\lambda_{j}\right)_{j=0}^{\infty}$ is a sequence of distinct nonnegative real numbers.

Theorem 1.3 (Newman's Inequality). Let $\Lambda:=\left(\lambda_{j}\right)_{j=0}^{\infty}$ be a sequence of distinct nonnegative real numbers. Then

$$
\frac{2}{3} \sum_{j=0}^{n} \lambda_{j} \leqslant \sup _{0 \neq P \in M_{n}(\Lambda)} \frac{\left\|x P^{\prime}(x)\right\|_{[0,1]}}{\|P\|_{[0,1]}} \leqslant 11 \sum_{j=0}^{n} \lambda_{j} .
$$

Frappier [9] shows that the constant 11 in Newman's inequality can be replaced by 8.29. In [3], by modifying (and simplifying) Newman's arguments, we showed that the constant 11 in the above inequality can be replaced by 9 . But more importantly, this modification allowed us to prove the following $L_{p}$ version of Newman's inequality [3] (an $L_{2}$ version of which was proved earlier in [6]).

Theorem 1.4 (Newman's Inequality in $\left.L_{p}[0,1]\right)$. Let $1 \leqslant p \leqslant \infty$. Let $\Lambda:=\left(\lambda_{j}\right)_{j=0}^{\infty}$ be a sequence of distinct real numbers greater than $-1 / p$. Then

$$
\left\|x P^{\prime}(x)\right\|_{L_{p}[0,1]} \leqslant\left(1 / p+12\left(\sum_{j=0}^{n}\left(\lambda_{j}+1 / p\right)\right)\right)\|P\|_{L_{p}[0,1]}
$$

for every $P \in M_{n}(\Lambda):=\operatorname{span}\left\{x^{\lambda_{0}}, x^{\lambda_{1}}, \ldots, x^{\lambda_{n}}\right\}$.
In this paper, using the fact that the constant 11 in Theorem 1.3 can be replaced by 8.29 , we will show that the constant 12 in Theorem 1.4 can be replaced by 8.29 as well. See Theorems 2.1 and 2.2.

On the basis of considerable computation, in [3] we speculate that the best possible constant in Newman's inequality is 4 . (We remark that an incorrect argument exists in the literature claiming that the best possible constant in Newman's inequality is at least $4+\sqrt{15}=7.87 \ldots$ )

It is proved in [2] that under a growth condition, which is essential, $\left\|x P^{\prime}(x)\right\|_{[0,1]}$ in Newman's inequality can be replaced by $\left\|P^{\prime}\right\|_{[0,1]}$. More precisely, the following result holds.

Theorem 1.5 (Newman's Inequality without the Factor $x$ ). Let $\Lambda:=$ $\left(\lambda_{j}\right)_{j=0}^{\infty}$ be a sequence of distinct real numbers with $\lambda_{0}=0$ and $\lambda_{j} \geqslant j$ for each $j$. Then

$$
\left\|P^{\prime}\right\|_{[0,1]} \leqslant 16.58\left(\sum_{j=1}^{n} \lambda_{j}\right)\|P\|_{[0,1]}
$$

for every $P \in M_{n}(\Lambda)$.
Note that the interval $[0,1]$ plays a special role in the study of Müntz polynomials. A linear transformation $y=\alpha x+\beta$ does not preserve membership in $M_{n}(\Lambda)$ in general (unless $\beta=0$ ), that is $P \in M_{n}(\Lambda)$ does not necessarily imply that $Q(x):=P(\alpha x+\beta) \in M_{n}(\Lambda)$. Analogues of the above results on $[a, b], a>0$, cannot be obtained by a simple transformation. Nevertheless in [5], under a growth condition, which is essential, we have established a version of Newman's inequality on intervals $[a, b], a>0$. Here we prove an analogue of this result in $L_{p}[a, b]$ with $a>0$ and $1 \leqslant p<\infty$.

The rational functions and exponential sums belong to those concrete families of functions which are the most frequently used in nonlinear approximation theory. See, for example, Braess [7]. The starting point of consideration of exponential sums is an approximation problem often encountered for the analysis of decay processes in natural sciences. A given empirical function on a real interval is to be approximated by sums of the form

$$
\sum_{j=1}^{n} a_{j} e^{\lambda_{j} t},
$$

where the parameters $a_{j}$ and $\lambda_{j}$ are to be determined, while $n$ is fixed.
In [4] we proved the "right" Bernstein-type inequality for exponential sums. This inequality is the key to proving inverse theorems for approximation by exponential sums. Let

$$
E_{n}:=\left\{f: f(t)=a_{0}+\sum_{j=1}^{n} a_{j} e^{\lambda_{j} t}, a_{j}, \lambda_{j} \in \mathbb{R}\right\} .
$$

So $E_{n}$ is the collection of all $n+1$ term exponential sums with constant first term. Schmidt [14] proved that there is a constant $c(n)$ depending only on $n$ so that

$$
\left\|f^{\prime}\right\|_{[a+\delta, b-\delta]} \leqslant c(n) \delta^{-1}\|f\|_{[a, b]}
$$

for every $f \in E_{n}$ and $\delta \in\left(0, \frac{1}{2}(b-a)\right)$. Lorentz [11] improved Schmidt's result by showing that for every $\alpha>\frac{1}{2}$, there is a constant $c(\alpha)$ depending only on $\alpha$ so that $c(n)$ in the above inequality can be replaced by $c(\alpha) n^{\alpha \log n}$ ( Xu improved this to allow $\alpha=\frac{1}{2}$ ), and he speculated that there may be an absolute constant $c$ so that Schmidt's inequality holds with $c(n)$ replaced by cn . We [1] proved a weaker version of this conjecture with $\mathrm{cn}^{3}$ instead of $c n$. The main result of [4] shows that Schmidt's inequality holds with $c(n)=2 n-1$. This essentially sharp result can also be formulated as

Theorem 1.6. We have

$$
\frac{1}{e-1} \frac{n-1}{\min \{y-a, b-y\}} \leqslant \sup _{0 \neq f \in E_{n}} \frac{\left|f^{\prime}(y)\right|}{\|f\|_{[a, b]}} \leqslant \frac{2 n-1}{\min \{y-a, b-y\}}
$$

for all $y \in(a, b)$.
This result complements Newman's Markov-type inequality (see [13] and [5]) given by Theorem 1.3. In this paper we establish an $L_{p}$ version of Theorem 1.6. See Theorem 3.4.

Bernstein-type inequalities play a very important role in approximation theory via a machinery developed by Bernstein, which turns Bernstein-type inequalities into inverse theorems of approximation. See, for example, Lorentz [10] and DeVore and Lorentz [8].

## 2. NEW RESULTS: NEWMAN'S INEQUALITY IN $L_{p}[0,1]$ WITH THE CONSTANT 8.29

Theorem 2.1. Let $1 \leqslant p \leqslant \infty$. Let $\Lambda:=\left(\lambda_{j}\right)_{j=0}^{\infty}$ be a sequence of distinct real numbers greater than $-1 / p$. Then

$$
\left\|x S^{\prime}(x)\right\|_{L_{p}[0,1]} \leqslant\left(1 / p+8.29\left(\sum_{j=0}^{n}\left(\lambda_{j}+1 / p\right)\right)\right)\|S\|_{L_{p}[0,1]}
$$

for every $S \in M_{n}(\Lambda):=\operatorname{span}\left\{x^{\lambda_{0}}, x^{\lambda_{1}}, \ldots, x^{\lambda_{n}}\right\}$.

Theorem 2.2. Let $1 \leqslant p \leqslant \infty$. Let $\Gamma:=\left(\gamma_{j}\right)_{j=0}^{\infty}$ be a sequence of distinct positive numbers. Then

$$
\left\|Q^{\prime}\right\|_{L_{p}[0, \infty)} \leqslant 8.29\left(\sum_{j=0}^{n} \gamma_{j}\right)\|Q\|_{L_{p}[0, \infty)}
$$

for every $Q \in E_{n}(\Gamma):=\operatorname{span}\left\{e^{-\gamma_{0} t}, e^{-\gamma_{1} t}, \ldots, e^{-\gamma_{n} t}\right\}$.
The $L_{\infty}[0,1]$ version of the above inequalities are due to Newman [13] with the constant 11 rather than 8.29 . The $L_{\infty}[0,1]$ version of the above inequalities is proved in [9]. A slightly simplified version of Newman's proof in the $L_{\infty}[0,1]$ case as well as the above $L_{p}[0,1]$ inequalities with the constant 12 rather than 8.29 are given in both [2,3]. Here we will reduce the proof of the above $L_{p}[0,1]$ inequalities to Newman's inequality given by Theorem 1.3, by recalling, as we have already remarked, that the constant 11 in Theorem 1.3 can be replaced by 8.29.

## 3. NEW RESULTS: NEWMAN'S INEQUALITY IN $L_{p}[a, b]$ FOR $[a, b] \subset(0, \infty)$

We establish two Markov-type inequalities, one for $M_{n}(\Lambda)$ in $L_{p}[a, b]$ for $[a, b] \subset(0, \infty)$, and one for $E_{n}(\Gamma)$ in $L_{p}[a, b]$ for $[a, b] \subset(-\infty, \infty)$. It is very simple to see that these follow from each other.

Theorem 3.1 (Markov Inequality for $M_{n}(\Lambda)$ in $L_{p}[a, b]$ ). Let $\Lambda:=$ $\left(\lambda_{j}\right)_{j=0}^{\infty}$ be an increasing sequence of nonnegative real numbers. Suppose $\lambda_{0}=0$ and there exists $a \delta>0$ so that $\lambda_{j} \geqslant \delta j$ for each $j$. Suppose $0<a<b<\infty$ and $1 \leqslant p \leqslant \infty$. Then there exists a constant $c(a, b, \delta)$ depending only on $a, b$, and $\delta$ so that

$$
\left\|P^{\prime}\right\|_{L_{p}[a, b]} \leqslant c(a, b, \delta)\left\{\sum_{j=0}^{n} \lambda_{j}\right\}\|P\|_{L_{p}[a, b]}
$$

for every $P \in M_{n}(\Lambda)$, where $M_{n}(\Lambda)$ denotes the linear span of $\left\{x^{\lambda_{0}}, x^{\lambda_{1}}, \ldots, x^{\lambda_{n}}\right\}$ over $\mathbb{R}$.

Theorem 3.2 (Markov Inequality for $E_{n}(\Lambda)$ in $L_{p}[a, b]$ ). Let $\Lambda:=$ $\left(\lambda_{j}\right)_{j=0}^{\infty}$ be an increasing sequence of nonnegative real numbers. Suppose $\lambda_{0}=0$ and there exists $a \delta>0$ so that $\lambda_{j} \geqslant \delta j$ for each $j$. Suppose
$-\infty<a<b<\infty$ and $1 \leqslant p \leqslant \infty$. Then there exists a constant $c(a, b, \delta)$ depending only on $a, b$, and $\delta$ so that

$$
\left\|P^{\prime}\right\|_{L_{p}[a, b]} \leqslant c(a, b, \delta)\left(\sum_{j=0}^{n} \lambda_{j}\right)\|P\|_{L_{p}[a, b]}
$$

for every $P \in E_{n}(\Lambda)$, where $E_{n}(\Lambda)$ denotes the linear span of $\left\{e^{\lambda_{0} t}, e^{\lambda_{1} t}, \ldots, e^{\lambda_{n} t}\right\}$ over $\mathbb{R}$.

The $p=\infty$ case of Theorem 3.1 is proved in [5]. The proof of the general case will be reduced to this one. Notice that Theorem 3.1 follows from Theorem 3.2 by the substitution $x=e^{t}$. Therefore we need to prove only Theorem 3.2. Observe also that the $p=\infty$ case of Theorem 3.2 follows from the $p=\infty$ case of Theorem 3.1, so it is sufficient to reduce the general case to this one again.

The following example shows that the growth condition $\lambda_{j} \geqslant \delta j$ with a $\delta>0$ in the above theorem cannot be dropped. It has been used in [5] as well.

Theorem 3.3. Let $\Lambda:=\left(\lambda_{j}\right)_{j=0}^{\infty}$, where $\lambda_{j}=\delta j$. Let $0<a<b$. Then

$$
\max _{0 \neq P \in M_{n}(1)} \frac{\left|P^{\prime}(a)\right|}{\|P\|_{[a, b]}}=\left|Q_{n}^{\prime}(a)\right|=\frac{2 \delta a^{\delta-1}}{b^{\delta}-a^{\delta}} n^{2},
$$

where, with $T_{n}(x)=\cos (n \operatorname{arc} \cos x)$,

$$
Q_{n}(x):=T_{n}\left(\frac{2 x^{\delta}}{b^{\delta}-a^{\delta}}-\frac{b^{\delta}+a^{\delta}}{b^{\delta}-a^{\delta}}\right)
$$

is the Chebyshev "polynomial" for $M_{n}(\Lambda)$ on $[a, b]$. In particular

$$
\lim _{\delta \rightarrow 0} \max _{0 \neq P \in M_{n}(A)} \frac{\left|P^{\prime}(a)\right|}{\left(\sum_{j=0}^{n} \lambda_{j}\right)\|P\|_{[a, b]}}=\infty .
$$

Theorem 3.3 is a well-known property of differentiable Chebyshev spaces. See, for example, $[2,5]$.

Finally we record the extension of Theorem 1.6 to $L_{p}[a, b]$ spaces. Note that no assumptions on the set of exponents are prescribed.

Theorem 3.4 (Bernstein Inequality in $L_{p}[a, b]$ for $\left.E_{n}\right)$. Let $\delta \in(0$, $(b-a) / 2)$. We have

$$
\sup _{0 \neq f \in E_{n}} \frac{\left\|f^{\prime}\right\|_{L_{p}[a+\delta, b-\delta]}}{\|f\|_{L_{p}[a, b]}} \leqslant \frac{2 n-1}{\delta} .
$$

## 4. AN INTERPOLATION THEOREM

To reduce the $1 \leqslant p \leqslant \infty$ case of Theorems 2.2, 3.2, and 3.4 to the $p=\infty$ case, the main tool is the Interpolation Theorem below. See [2, p. 385].

Interpolation of Linear Functionals. Let $C(Q)$ be the set of real- (com-plex-) valued continuous functions on the compact Hausdorff space $Q$. Let $S$ be an $n$-dimensional linear subspace of $C(Q)$ over $\mathbb{R}(\mathbb{C})$. Let $L \neq 0$ be a real- (complex-) valued linear functional on $S$. Then there exist points $x_{1}$, $x_{2}, \ldots, x_{r}$ in $Q$ and nonzero real (complex) numbers $a_{1}, a_{2}, \ldots, a_{r}$, where $1 \leqslant r \leqslant n$ in the real case and $1 \leqslant r \leqslant 2 n-1$ in the complex case, such that

$$
L(s)=\sum_{i=1}^{r} a_{i} s\left(x_{i}\right), \quad s \in S,
$$

and

$$
\|L\|=\sup \left\{|L(s)|: s \in S,\|s\|_{Q} \leqslant 1\right\}=\sum_{i=1}^{r}\left|a_{i}\right| .
$$

## 5. PROOFS

First we show that Theorem 2.1 follows from Theorem 2.2. Indeed, assume that $\lambda_{0}, \lambda_{1}, \ldots, \lambda_{n}$ are distinct real numbers greater than $-1 / p$. Let

$$
S \in \operatorname{span}\left\{x^{\lambda_{0}}, x^{\lambda_{1}}, \ldots, x^{\lambda_{n}}\right\} .
$$

Then $\gamma_{i}:=\lambda_{i}+1 / p(i=0,1, \ldots, n)$ are distinct positive numbers. Applying Theorem 2.2 with

$$
Q(t):=S\left(e^{-t}\right) e^{-t / p} \in \operatorname{span}\left\{e^{-\gamma_{0} t}, e^{-\gamma_{1} t}, \ldots, e^{-\gamma_{n} t}\right\}
$$

and using the substitution $x=e^{-t}$, we obtain

$$
\int_{0}^{1}\left|x\left(x^{1 / p} S(x)\right)^{\prime}\right|^{p} x^{-1} d x \leqslant 8.29\left(\sum_{j=0}^{n}\left(\lambda_{j}+1 / p\right)\right)^{p} \int_{0}^{1}|S(x)|^{p} d x .
$$

Now the product rule of differentiation and Minkowski's inequality yield

$$
\int_{0}^{1}\left|x S^{\prime}(x)\right|^{p} d x \leqslant\left(1 / p+8.29\left(\sum_{j=0}^{n}\left(\lambda_{j}+1 / p\right)\right)\right)^{p} \int_{0}^{1}|S(x)|^{p} d x,
$$

which is the inequality of Theorem 2.1. Now we prove Theorem 2.2.

Proof of Theorem 2.2. Note that the fact that $E_{n}(\Gamma)$ is a finite dimensional vector space implies that there is a $b>0$ such that

$$
\|S\|_{[0, \infty)} \leqslant\|S\|_{[0, b]}
$$

for every $s \in E_{n}(\Gamma)$. We apply the Interpolation Theorem of Section 4 with $Q:=[0, b], S:=E_{n}(\Gamma)$, and $L(s):=s^{\prime}(0)$. As we have already remarked, Theorem 1.3 (Newman's inequality) holds with the constant 8.29 rather than 11. This implies that

$$
\|L\| \leqslant c(\Gamma):=8.29\left(\sum_{j=0}^{n} \gamma_{j}\right) .
$$

We deduce that there are $x_{1}, x_{2}, \ldots, x_{r}$ in $[0, b]$ and $c_{1}, c_{2}, \ldots, c_{r} \in \mathbb{R}$ so that for every $s \in E_{n}(\Gamma)$ we have

$$
\frac{\left|s^{\prime}(0)\right|}{c(\Gamma)} \leqslant\left|\sum_{i=1}^{r} c_{i} s\left(x_{i}\right)\right| \leqslant \sum_{i=1}^{r}\left|c_{i}\right|\left|s\left(x_{i}\right)\right|
$$

with $\sum_{i=1}^{r}\left|c_{i}\right|=1$ and $1 \leqslant r \leqslant n+1$. Now let $\varphi:[0, \infty) \mapsto[0, \infty)$ be a nondecreasing convex function. Using monotonicity and convexity, we obtain

$$
\varphi\left(\frac{\left|s^{\prime}(0)\right|}{c(\Gamma)}\right) \leqslant \varphi\left(\sum_{i=1}^{r}\left|c_{i}\right|\left|s\left(x_{i}\right)\right|\right) \leqslant \sum_{i=1}^{r}\left|c_{i}\right| \varphi\left(\left|s\left(x_{i}\right)\right|\right) .
$$

Applying this with $s(t):=P(t+y) \in E_{n}(\Gamma)$, we deduce

$$
\varphi\left(\frac{\left|P^{\prime}(y)\right|}{c(\Gamma)}\right) \leqslant \sum_{i=1}^{r}\left|c_{i}\right| \varphi\left(\left|P\left(x_{i}+y\right)\right|\right)
$$

for every $P \in E_{n}(\Gamma)$ and $y \in[0, \infty)$, where $x_{i} \in[0, b]$ and $y \in[0, \infty)$ imply that $x_{i}+y \in[0, \infty)$ for each $i=1,2, \ldots, r$. Integrating on the interval $[0, \infty)$ with respect to $y$, we obtain

$$
\begin{aligned}
\int_{0}^{\infty} \varphi\left(\frac{\left|P^{\prime}(y)\right|}{c(\Gamma)}\right) d y & \leqslant \sum_{i=1}^{r} \int_{0}^{\infty}\left|c_{i}\right| \varphi\left(\left|P\left(x_{i}+y\right)\right|\right) d y \\
& \leqslant \sum_{i=1}^{r} \int_{0}^{\infty}\left|c_{i}\right| \varphi(|P(t)|) d t \leqslant \int_{0}^{\infty} \varphi(|P(t)|) d t
\end{aligned}
$$

where $\sum_{i=1}^{r}\left|c_{i}\right|=1$ has been used. Now the choice of $\varphi(x):=x^{p}(1 \leqslant p<\infty)$ gives the theorem.

Now we prove Theorem 3.2 (see the remark after Theorem 3.2).

Proof of Theorem 3.2. Let $c:=(a+b) / 2$. We apply the Interpolation Theorem of Section 4 with $Q:=[c, b], S:=E_{n}(\Lambda)$, and $L(s):=s^{\prime}(b)$. As we have already remarked, the $L_{\infty}$ case of the theorem has been proved in [5]. This yields that

$$
\|L\| \leqslant c(a, b, \delta, \Lambda):=c(a, b, \delta)\left(\sum_{j=0}^{n} \lambda_{j}\right) .
$$

We deduce that there are $x_{1}, x_{2}, \ldots, x_{r}$ in $[c, b]$ and $c_{1}, c_{2}, \ldots, c_{r} \in \mathbb{R}$ so that for every $s \in E_{n}(\Lambda)$ we have

$$
\frac{\left|s^{\prime}(b)\right|}{c(a, b, \delta, \Lambda)} \leqslant\left|\sum_{i=1}^{r} c_{i} s\left(x_{i}\right)\right| \leqslant \sum_{i=1}^{r}\left|c_{i}\right|\left|s\left(x_{i}\right)\right|
$$

with $\sum_{i=1}^{r}\left|c_{i}\right|=1$ and $1 \leqslant r \leqslant n+1$. Now let $\varphi:[0, \infty) \mapsto[0, \infty)$ be a nondecreasing convex function. Using monotonicity and convexity, we obtain

$$
\varphi\left(\frac{\left|s^{\prime}(b)\right|}{c(a, b, \delta, \Lambda)}\right) \leqslant \varphi\left(\sum_{i=1}^{r}\left|c_{i}\right|\left|s\left(x_{i}\right)\right|\right) \leqslant \sum_{i=1}^{r}\left|c_{i}\right| \varphi\left(\left|s\left(x_{i}\right)\right|\right) .
$$

Applying this with $s(t):=P(t+y-b) \in E_{n}(\Lambda)$, we deduce

$$
\varphi\left(\frac{\left|P^{\prime}(y)\right|}{c(a, b, \delta, \Lambda)}\right) \leqslant \sum_{i=1}^{r}\left|c_{i}\right| \varphi\left(\left|P\left(x_{i}+y-b\right)\right|\right)
$$

for every $P \in E_{n}(\Lambda)$ and $y \in[c, b]$, where $x_{i} \in[c, b]$ and $y \in[c, b]$ imply that $x_{i}+y-b \in[a, b]$ for each $i=1,2, \ldots, r$. Integrating on the interval [ $c, b]$ with respect to $y$, we obtain

$$
\begin{aligned}
\int_{c}^{b} \varphi\left(\frac{\left|P^{\prime}(y)\right|}{c(a, b, \delta, \Lambda)}\right) d y & \leqslant \sum_{i=1}^{r} \int_{c}^{b}\left|c_{i}\right| \varphi\left(\left|P\left(x_{i}+y-b\right)\right|\right) d y \\
& \leqslant \sum_{i=1}^{r} \int_{a}^{b}\left|c_{i}\right| \varphi(|P(t)|) \leqslant \int_{a}^{b} \varphi(|P(t)|) d t
\end{aligned}
$$

where $\sum_{i=1}^{r}\left|c_{i}\right|=1$ has been used. It can be shown exactly in the same way that

$$
\int_{a}^{c} \varphi\left(\frac{\left|P^{\prime}(y)\right|}{c(a, b, \delta, \Lambda)}\right) d y \leqslant \int_{a}^{b} \varphi(|P(t)|) d t
$$

Combining the last two inequalities and choosing $\varphi(x):=x^{p}(1 \leqslant p<\infty)$, we conclude the theorem.

Proof of Theorem 3.4. We apply the Interpolation Theorem of Section 4 with $Q:=[-\delta, \delta], S:=E_{n}(\Lambda)$, and $L(s):=s^{\prime}(0)$. The $L_{\infty}$ case of the theorem is given by Theorem 1.6. This yields that

$$
\|L\| \leqslant \frac{2 n-1}{\delta}
$$

We deduce that there are $x_{1}, x_{2}, \ldots, x_{r}$ in $[-\delta, \delta]$ and $c_{1}, c_{2}, \ldots, c_{r} \in \mathbb{R}$ so that for every $s \in E_{n}(\Lambda)$ we have

$$
\frac{\left|s^{\prime}(0)\right| \delta}{2 n-1} \leqslant\left|\sum_{i=1}^{r} c_{i} s\left(x_{i}\right)\right| \leqslant \sum_{i=1}^{r}\left|c_{i}\right|\left|s\left(x_{i}\right)\right|
$$

with $\sum_{i=1}^{r}\left|c_{i}\right|=1$ and $1 \leqslant r \leqslant n+1$. Now let $\varphi:[0, \infty) \mapsto[0, \infty)$ be a nondecreasing convex function. Using monotonicity and convexity, we obtain

$$
\varphi\left(\frac{\left|s^{\prime}(0)\right| \delta}{2 n-1}\right) \leqslant \varphi\left(\sum_{i=1}^{r}\left|c_{i}\right|\left|s\left(x_{i}\right)\right|\right) \leqslant \sum_{i=1}^{r}\left|c_{i}\right| \varphi\left(\left|s\left(x_{i}\right)\right|\right) .
$$

Applying this with $s(t):=P(t+y) \in E_{n}(\Lambda)$, we deduce

$$
\varphi\left(\frac{\left|P^{\prime}(y)\right| \delta}{2 n-1}\right) \leqslant \sum_{i=1}^{r}\left|c_{i}\right| \varphi\left(\left|P\left(x_{i}+y\right)\right|\right)
$$

for every $P \in E_{n}(\Lambda)$ and $y \in[a+\delta, b-\delta]$, where $x_{i} \in[-\delta, \delta]$ and $y \in$ $[a+\delta, b-\delta]$ imply that $x_{i}+y \in[a, b]$ for each $i=1,2, \ldots, r$. Integrating on the interval $[a+\delta, b-\delta]$ with respect to $y$, we obtain

$$
\begin{aligned}
\int_{a+\delta}^{b-\delta} \varphi\left(\frac{\left|P^{\prime}(y)\right| \delta}{2 n-1}\right) d y & \leqslant \sum_{i=1}^{r} \int_{a+\delta}^{b-\delta}\left|c_{i}\right| \varphi\left(\left|P\left(x_{i}+y\right)\right|\right) d y \\
& \leqslant \sum_{i=1}^{r} \int_{a}^{b}\left|c_{i}\right| \varphi(|P(t)|) d t \leqslant \int_{a}^{b} \varphi(|P(t)|) d y
\end{aligned}
$$

where $\sum_{i=1}^{r}\left|c_{i}\right|=1$ has been used. Choosing now $\varphi(x):=x^{p}(1 \leqslant p<\infty)$, we conclude the theorem.

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